

**NORTH WEST TRAINING AND DEVELOPMENT TEAM**



**Director:** Lynn James-Jenkinson



**Date of submission:**

17<sup>th</sup> July 2009



**Subject:** Update report to Commissioning Group

**Executive summary:**

The following report is a summary of the activity of the NWTDT in the period April to June 2009 and the actions taken to implement the Business Plan agreed by the Commissioning Group.

**Recommendations:**

1. That the Commissioning Group accept the contents of this report.
2. Agree the annual report
3. Agree the NWTDT review and action plan

**REFLECTION**

2009/ 2010 has started well for the team who are all very busy doing what we do best – supporting the development and delivery of the best quality supports to children and adults with a learning disability and their families in this region which continues to be the envy of other areas.

We are eagerly awaiting your views which we will gather through the review we will be commencing shortly, this will only be useful if we get as many questionnaires back as possible so please help circulate them as widely and in as many forums as possible. There are always things we can do better to improve the supports we provide but you need to tell us what they are please. For more information please contact [lynn.james-jenkinson@nwt dt.com](mailto:lynn.james-jenkinson@nwt dt.com)



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## 1. INTRODUCTION

The previous report (15) has been circulated to Self-Advocates, Health and Social Care Lead Officers and the Family Forum. The report is also available on the NWTDT website

## 2. BUSINESS MANAGEMENT



Lynn



Commissioning Group –

### REQUIRED OUTCOMES



- Quarterly report to be submitted against business plan produced by team members.
- Report to be circulated.

Quarterly report circulated and available at [www.nwtdt.com](http://www.nwtdt.com)

An Annual Report 2008/2009 has been prepared. This is currently being finalised and printed and will be circulated, copies will be available at [www.nwtdt.com](http://www.nwtdt.com)

Lynn will be representing NW ADASS at the ADASS national Learning Disability Group.



## Budget –

### REQUIRED OUTCOMES

- End the year balancing the budget.

Budget summary will be finalised and presented at the meeting. There are no concerns regarding this at the present time.



## Service Level Agreements

### REQUIRED OUTCOMES

- Agreements to be finalised with all Primary Care Trust's, Local Authority's and Care Services Improvement Partnership/ Valuing People

6 Children's services are now subscribing with a seventh considering whether to subscribe or commission work as a non subscriber.



## Communication-

### REQUIRED OUTCOMES

- Further develop the website and improve communication with the Region.
- Improve skills within the team in producing more accessible information

Successful applicants are now in post for the following:-

1. Communications Officer incorporating website maintenance and development.
2. Administration Support – responsible for ensuring the smooth running of the office/ training room environment, including typing.
3. Events manager, to oversee all aspects of NWTDT events.

The benefits are immediately being felt by all the team.



Team –

## REQUIRED OUTCOMES



- Agreements to be finalised and monitored
- Range and number of Associates to be further developed. Each strategic lead to aim to support 2 new associates to create capacity and sustainability across the region
- Develop agreements with partner organisations working to achieve NWTDT mission.

Agreements will be finalised for the financial year 2009/2010.

The number of Associates/ Partner organisations working with the team continues to grow, particularly in relation to new business across Children's Services and also with regard to our growing reputation in relation to research.

Our partnership agreement with In Control and with Pathways Associates Community Interest Company will be confirmed during the course of this financial year.

## Research Centre



Pam



## REQUIRED OUTCOME

- To set up a Research Centre which will find out the best ways to make sure people have good lives.
- The researchers will talk to people about their lives and things that are happening that are good, and things that need to change.
- The researchers will also talk to policy makers and managers in North West England about the way they are working and find out about things that help people to have good lives, as well as things that need to change.
- Reports will be written which can be used to help policy makers and managers to change the way they do things to make sure people have good lives.

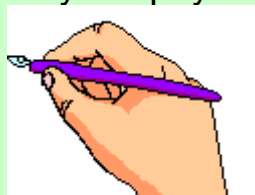


Pam is finding out from people what they think about the NWTDT. Some people have answered questions, other people will be asked over the next few months.



Pam and Duncan have met with other people at Manchester Metropolitan University to talk about research about health in the community. They will be meeting again to talk about how the request for money.

Pam and Laurence have been talking to other people about pieces of research that they will pay to have done.



Pam has written a report about how well a project at Progress Recruitment is doing at finding paid jobs for people with learning disabilities. The report for this year is done; they have helped people get jobs.



### 3. **INCLUSION/ SELF-ADVOCATE AND FAMILY LEADERSHIP** **Regional Programme Board**



Lynn

#### **REQUIRED OUTCOMES**

- To maintain a joint regional force to influence change.
- To make sure Valuing People Now and other relevant national policies are a priority and focus for the NW
- Ensure self-advocates are supported to enable true participation in the group.
- To deliver joint regional action and direction to lead officers and to continue to stimulate innovative across the North West.
- To influence and inform the National Programme Board or other bodies relating to regional priority issues.

Regional Programme Board meetings have been arranged for the year to reflect the priorities from the Regional Self Advocate Conference, Regional Family Forum and Valuing People Now. The Regional Programme Board meeting in May focused on how we support our Regional Task Force take on the responsibility of the becoming the Regional Programme Board through building on the good work achieved over the last 8 years. A copy of the notes from the day and presentations will be available on the NWTDT website ([www.nwtdt.com](http://www.nwtdt.com)).

#### **Partnership Board Reviews**

- Circulate 'Making your Partnership Board work' book
- Provide support for each Partnership Board to assess current performance with regard to Self- Advocate and Family Forum priorities

Copies of 'Making your Partnership Board work' have been circulated free to each Director of Adult Social Services and Chair of each Partnership Board. Additional copies are available at a cost of £15 to cover printing costs from NWTDT. They were also available at the launch of Valuing People Now. In addition NWTDT have supported many Partnership Boards develop a PATH to assist the review. Information from the recent review of Partnership Boards in the North West will be presented to the next Regional Programme Board in July and made available via the website ([www.nwtdt.com](http://www.nwtdt.com)).

## Self Advocates



Regional task force/ National Regional Forum representatives



Jason



Dene and



Pippa

### REQUIRED OUTCOMES

- People traditionally excluded will be receiving advocacy support from a range of sources. Learning Disability Partnership Boards aware of and using regional and national self-advocacy leaders who come from their areas and are supporting their leadership skills.



Self Advocacy Reps on the National Forum 2009

Paddy Burke (from Liverpool People First) and Michael Jones (Oldham) are the National Forum representatives.



Regional Task Force representatives 2009

Jackie Hughes - Sefton  
Suzanne Marshall – Oldham  
Paddy Burke – Liverpool  
Derek Russell – Blackpool  
Jonathon Hurley – Liverpool  
Sean Dempsey – Salford  
Michael Jones – Oldham  
Karen Flood - Liverpool

## CONFERENCE PRIORITIES



Following the conference held in Blackpool the 4 new big issues (two got the same votes) are:-

- We want more money and support for advocacy
- Partnership Boards need to listen to us more and do what we say
- We need more friendships and relationships – sex, contraception and keeping our babies
- We need good reliable transport

As well as the 4 big issues above the other important things identified by the Forum were:-

- Good things to do at evenings and weekends
- We need more help to be and stay healthy
- No more hate crime treat us with respect
- We need support that's person centred
- We want better access on streets and in buildings
- We need good housing that's right for us
- We need to be more of a part of our community
- We don't want people to treat us badly because of our race
- We want a chance to work full or part time if we choose to

### **Regional Self Advocacy**

- Centrevents has won the contract for facilitating the National advocacy events for three years. Between October 2008 and October 2011
- NWTDT will act as the regional self advocacy co-ordinator on behalf of Centre Events and the Valuing People Support Team up and until 2011. We continue to provide support to the regions two national representatives to promote the regions work and big issues at the quarterly national forum events. NWTDT also co facilitate the Self Advocacy National Transport Group that reports to the National Forum.
- On the 2<sup>nd</sup> of July a meeting is being held between the National Self Advocacy Forum and The National Family Forum. To discuss how we can work together to promote our big issues.

- In April 2009 NWTDT Valuing People and the Regional Self Advocacy Steering group discussed how the North West Region can facilitate greater self advocacy involvement across the region in 2009/10 the key issues from the event were:
  - a) We will include more people who don't attend the regional conference
  - b) We will insure we have good representation on the Regional Programme Board (by having all eight regional forum members on the board and by preparing well before the meeting).
  - c) We will aim to support Partnership Boards by being more involved and encouraging them to participate at the annual conference
  - d) We will continue to hold the regional steering group but have some of our meetings in the North of the region to involve more people who cannot attend our current meetings in Accrington.
  - e) We will have a sub group to plan our annual conference so we can focus on the big issues at the main steering group
  - f) We will look at ways to income generate to ensure the group continues if government monies are withdrawn in 2011.
  - g) NWTDT continues to support Self Advocacy in the Region by supporting IC Jason Rhodes who helps organise the annual Advocacy conference at St Anne's and providing facilitation and support to the steering group
  - h) A proposal was put forward by the self advocates at the last steering group meeting. That part of the meeting should be held without supporters. This proposal will be trialled at the next meeting in late June 09
  - i) A meeting chaired by Dave Jones who is the Deputy Director for social care in the North West was held with potential members of the Board on the 22<sup>nd</sup> of May it included the eight regional forum self advocacy members who clearly stated their aim to be members of the Board.



**IC Jason Rhodes**

Since the last report, Jason has incorporated his business, set up a website, and can now look forward to achieving more of his dreams for a user led social enterprise. He is now finalising his easy read training programme and between the 'easy read' arm of his business, events planning and co-ordination and supply of paid speakers, will be aiming to offer more paid contract work to other disabled and non-disabled people through the agency. So business is looking promising.

## **Family Forum**



Lynn

### **REGIONAL FAMILY FORUM BIG ISSUES 2009/2010**

- Getting in touch with more families and letting them know what is happening.
- Accountability – turning plans into real action that improves people's lives.
- Real inclusion at all levels including the support to be included not just lip service

The group agreed that 2 Representatives will attend the National Carers Group this year in order to inform the Group of developments and achievements in the North West and bring information back from across the country.

The Regional Family Forum now meets quarterly to support the representatives. At these meetings we discuss what happened at the previous Regional Programme Board and National Carers Group as well as preparing for the next meetings of these groups.

Most areas have responded positively to the Family Forums request to hold a regional 'road show' to assist them get in touch with more families. For more information about what is happening about this in your area please contact Lynn James-Jenkinson ([lynn.james-jenkinson@nwttdt.com](mailto:lynn.james-jenkinson@nwttdt.com) ).

## **Health and Social Care Leads**



Lynn

### **REQUIRED OUTCOMES**

- To operate and support leads to deliver the Regional Programme Board's direction and action plan.
- To continue to foster joint working across sub regions of the North West for both LA and PCT's.

Regional Health and Social Care Leads meetings have been arranged for the year to reflect the priorities from the Regional Self Advocate Conference and Regional Family Forum.

The Regional Health and Social Care Leads meeting in May focused on the theme of Valuing People Now and the development of the Regional Programme Board. A copy of the notes from the day and presentations are available on the NWTDT website ([www.nwttdt.com](http://www.nwttdt.com)).

## Relight My Fire

- Develop a shared commissioning strategy with standards for commissioning across the North West

An additional Lead Officers meeting on 24<sup>th</sup> September has led to the emergence of a regional agreement in relation to responsible commissioning in the North West. A clear pathway for commissioning will be developed and agreed by the group. A small group of lead officers continue to work on this and will represent it back to the Leads group at the meeting in October.

## Providers



Lynn

## REQUIRED OUTCOMES

- Establish and Develop Pathways Associates as a route to support Provider development

Our Partner Organisation now provides a route for Provider Organisations to subscribe to support training and development with a range of subscription options. For more information contact [lynn.james-jenkinson@pathwaysassociates.co.uk](mailto:lynn.james-jenkinson@pathwaysassociates.co.uk)

Tony McDermott represents the NWTDT Commissioning Group on the Board of Pathways Associates Community Interest Company Ltd.

In addition our partnership with Self Direct and VOICE marketing continues to produce well attended and oversubscribed Provider events.



## Joint Improvement Partnership

### REQUIRED OUTCOMES

- Copy quarterly report to JIP representative to report on outcomes.
- Secure Service Level Agreement between NWTDT and JIP/VPST

Lynn and Dave are in the process of agreeing and formalising this.

## 4. ACTIVITY

### Personalisation



Lynn



Step by Step Living Network



### Policy developments/ supports in relation to Self Directed Support

#### REQUIRED OUTCOMES

- Self-directed support is a national priority, through the individual budgets and direct payments policies and with person centred planning continuing to be at the heart of the delivery of Valuing People.
- Work in partnership with organisations to secure funding to further develop and promote this.
- Promote and develop ways of self directed support being an option for all.

Lynn continues to provide support to the North West In Control Network.

NWTDT integrate Self Directed Support into all aspects of the training and development work we do.

The establishment of Pathways Associates Community Interest Company Ltd will assist in securing development monies for the Region through this organisation and others who are members of the consortium which will further promote self directed support.

### Person Centred Planning



Pauline



Helen Sanderson



## REQUIRED OUTCOMES

- Continuation of current programme of work, including website and dissemination of good practice, locally regionally and nationally
- Training and Development Support @ Person Centred thinking/ culture and tools



Pauline

### Finding the meaning in our work.

Valuing people has identified helpful, main priorities for the next 3 years.

We will be supporting organisations to refocus on the ‘purpose’ of our work for the next 12 months.

The NWTDT has been assisting organisations to have a head start in order to maximize the possibilities for positive action. The personalisation agenda will need strong commitment from everyone. Seeing people as local citizens / people having what matters to them in having a good life should be the focus of committed relationships. This means we have to support the workforce to learn to use judgement and creativity in how it sustains people to have a better life.



### Person centred reviews helping the way forward.

“Person centred reviews are a way of facilitating a review meeting that puts the person at the centre of the process and draws on person centred thinking tools and approaches. This process often does not take any more time or preparation but will develop a clear and focussed person centred action plan with the person. Learning and practicing person centred thinking skills ‘important to and important for and working/not working and applies them to the review process.’” Helen Sanderson.



Helen Sanderson



The programme for the Person Centred Planning Network will begin in the autumn with a range of exciting events designed to help people to deliver Valuing People Now and Putting People First.

The events begin in September with “**Person Centred Thinking and Health**” led by Debra Moore and Julie Bray.

Date: 11<sup>th</sup> September. This is a free event.

Then in October, we welcome **Michael Smull** back to the UK, to help us think about delivering person centred services, particularly focusing on people with high support needs, with Louise Skelhorn. Date to be arranged.

There are two further events in October. On 5<sup>th</sup> October there is the **National Event for Trainers** in person centred thinking and planning, and person centred reviews to share learning and best practice.

For more information contact [Helen@helensandersonassociates.co.uk](mailto:Helen@helensandersonassociates.co.uk)

**The Support Planning and Review event** is on 6<sup>th</sup> and 7<sup>th</sup> October and is crucial for everyone involved in support planning and reviews. The event is supported by the Putting People First Team.

This will be a creative, practical two days with opportunities to learn and share good practice and new developments including:

- Delivering personalisation through person centred thinking and planning - key lessons and good practice guidelines.
- Creating Cultural Change in services and organisations.
- Good practice in support planning with older people.
- Dementia care mapping, person centred thinking and support planning.
- Good practice in support planning with people who use mental health services.
- Support planning with children and families in the DCFS Children Individual Budget Pilot, and the Personal Health Budget Pilots.
- The new ‘outcome focused reviews’ process and using information from reviewing support plans to ‘co-produce commissioning’.
- New, simple support planning resources, and introducing

Shop4Support's new support planning developments.

- 5 pathways to support planning – what are we learning? Initiatives from user led organisations. Peer support. Co-producing support plans.
- Individual Service Funds - what are they, what are we learning?

For more information contact [Helen@helensandersonassociates.co.uk](mailto:Helen@helensandersonassociates.co.uk)

In November there is an introduction to the new **Outcome Focused Review process**. This was developed by disabled people, family members and Local Authorities, supported by the Putting People First Team. This is a free event, date to be arranged. This event will be led by Gill Bailey.

In December we are introducing a **new Practical Tool for Providers** to use to self assess where they are in relation to delivering Individual Service Funds. This day is for providers. It is an opportunity to use the self assessment tool, and to hear about resources and useful material for the next step on the road to personalisation. This is a free event, date to be confirmed. The event will be led by Kim Haworth and Tracey Bush

Many people are using person centred thinking, and in January we are offering a new one day event on how to coach other people to use person centred thinking tools. This is ideal for first line managers, person centred planning facilitators and champions (who have already attended a person centred thinking course. This is a free event, with a small cost for the **Person Centred Thinking Coaches Cards** (£9.95). This event will be led by Michelle Livesley Date: January

And finally, we look forward to John O'Brien joining us in February.

## Workforce Development



Dene

## REQUIRED OUTCOMES

- Trainers Network -Continuation of work programme supporting the Regional Trainers

- GM Joint Training Partnership-Training Partnerships that promote and support self-advocates/families to plan, lead and take part in training.
- NW Sector Skills Productivity Alliance Promotion of strong links with North West Sector Skills Productivity Alliance - Promotion of strong links with National and Regional work in relation to workforce development Network
- Dissemination of Research findings with TUC/ RCN and MMU to celebrate the NW workforce
- Supporting the Social Care and Nurse workforce – raise awareness of the agenda and positive implications for the workforce.

### Workforce Development

Dave Spencer Valuing People Lead supported by relevant information from Skills for Care spoke with the Trainers Network at their final meeting of the year about the implications of Valuing People Now on Training and Workforce Development, which will help set the Networks agenda for 2009/10.

At the next Trainers Network in June 2009. Brian Groves of Skills for Care will be introducing Participants to the QFC/learning disability tool kit for trainers plus other Skills for Care initiatives.

A Workforce development conference in Partnership with Valuing People, Skills for Care and Bild is being organised by NWTDT to take place in October 2009/10 for key stakeholders in the in North West and Nationally. It will consider the workforce development and training implications of Valuing People Now. Leslie Barcham Workforce Development Lead for Valuing People and Jim Thomas of Skills for Care will be taking part.

Leslie Barcham continues as the National Valuing People Workforce Development Lead. Leslie has been seconded from the British Institute of Learning Disabilities. On Leslie's request NWTDT continue to act as a critical friend to support her in her National role.

The NWTDT, Regional Programme Board and Specialist Commissioning Team, are supporting a regional project funded by the specialist commissioning team which will support specialist practitioners and less experienced providers involved in the support of people with challenging behaviour to implement positive approaches to challenging

behaviour. The three day training event has received much interest with 17 applicants and will commence in September. If successful the training will be repeated.

In future The Positive Behavioural Supports project aims to widen its scope to support the whole workforce community including family carers and people that use services.

The Positive Behavioural Supports project includes a regional skills/training audit and training programme scheduled for 2009/10 aimed at improving the ability and capacity (in its first phase) of the independent sector plus family carers who offer support to individuals with challenging behaviour and forensic histories.

A regional Physical Intervention strategy and standards initiative to help improve services and support the workforce is being developed by NWTDT supported by a self advocacy advisory group, Valuing People Support Team, and North West Lead Officers. The work will be completed in 2009/10.

NWTDT are discussing the value of organising a conference in 2009/10 to support the various 'challenging behaviour' initiatives in the region including supporting people vulnerable to placement break down.

Skills for Care continue to be informed and invited to events with the aim of combining our resources and identifying the potential for joint working on our shared agendas in 2008/09.

The four new draft Knowledge sets on supporting People with Learning Disabilities and Autistic Spectrum disorder are out for public consultation up and until the 22<sup>nd</sup> of June. The knowledge sets have been circulated in Northwest.

### Greater Manchester Training Partnership

A final conference with the Partnerships allocated finance is to be held in 2009/10 to look at improving services vulnerable to placement breakdown

## Other Work

Early Years - NWTDT is currently developing an early year's workshop for Children Centre Staff and Families utilising its skills in Person Centred Approaches and the Management of Change/Mindfulness. The initiative will be trialled in October 2009

Organisational Transformation - NWTDT continue to offer change management and organisational transformation support and advice to Local Authorities and PCT's as the impact of individualised budgets and organisational restructure continues.

Work includes one and two day practical action orientated service specific workshops for staff teams and their managers



Breaking the Cycle

Lynn

## REQUIRED OUTCOMES

- Partnership Boards ensure that a 'champion' is identified for 'local services'. This person to lead on producing an agreed local action plan, that promotes development of local services and reduction in out of area placements

Refreshing breaking the cycle including the development of an implementation plan is something that the Health Equalities Sub Group of the Regional Partnership Board has on its agenda for this year.

NW Managed Network group has decided to merge with the NW Learning Disability Sub Group. The first meeting is scheduled for September 2009. A briefing will be available in the next Commissioning Group report.

## Ethnicity and Culture



Nabela

## REQUIRED OUTCOMES

- Continuation of current programme of work, including website and dissemination of good practice.

Valuing People Now says that valuing people will only be successful if it is working for everyone. All services must do what the Race Relations Amendment Act says. This means that all the things in Valuing People Now will need to be checked for their Impact on Minority Ethnic Communities.

The NWTDT has linked with many networks where we continue to develop around areas in ethnicity. We have developed programmes, to deliver on specific priorities, which are in line with Valuing People NOW. We have held events on Equality Impact Assessments, and are planning to pull together an event which invites teams to bring their action plans with them, the aim of this is to support them to impact assess what they are doing in their local areas. We held an event in April looking at families and carers from BME communities and forced marriages with people who have learning disabilities.

The NWTDT are putting on events this coming year which focus on the issues that relate to developing better practice and outcomes in the future, becoming better at communicating and share information, local knowledge, modelling what we want others to learn. The various programmes aim to provide guidance and practical information on developing quality services to meet the needs of minority groups.

NWTDT are continuing to work with the National Advisory Group on Ethnicity through supporting to develop a framework for a fairer future. The development of this work has been crucial as ethnicity is not seen as a priority but as an integral part of our work and can often be missed.

I would like to report that the interest that has been shown in these events has been very slow and patchy, this is due to various reasons , further discussion needs to take place as to what we can do to improve attendance at such events and to raise the issues affecting BME communities.

To this end we have taken this to the National Advisory Group (NAGLDE), which is coordinated by the Foundation for People With Learning Disabilities. The Advisory Group has support from the VPST. The group aims to influence policy nationally and locally. They give advice on plans

that affect the lives of people from minority ethnic communities and also carry out surveys and projects. The Advisory Group has links to the learning disability Task Force and works closely with the learning disability ethnicity networks. This group also has close links with the ethnicity training networks and other organisations that promote the rights of people with learning disabilities from minority ethnic communities. We will be discussing the attendance at ethnicity events at the NAGLDE meeting on the 2<sup>nd</sup> of June to assist identify issues concerning funding for such events (subsidies) and to see how we can collaborate more nationally. On the 2nd July Nabela will be attending a meeting to talk about the work programme for NAGLDE with Ann Williams. The agenda item will be the role of NAGLDE in implementing Valuing People Now, the work plan and policy link.

### Transitions – all of them!



Pauline

### REQUIRED OUTCOMES

- Extension of the current programme to gain a network covering every local authority in the North West.
- Development agenda @ Early Support, Aiming High for Disabled Children and Extended Schools
- Dissemination of support programme to all NW Directors of Children's Services



### Transition Network.

Making Transitions to adulthood should be a positive experience.

The two main developments will include working with families and children's services in developing a Pathway for early transitions that has the family at the heart of its support. If this model is successful at early years the families through leading on planning for their children will be a much more positive experience.

The Pathway will describe how we can work with young people to take control and ownership of their health and wellbeing whenever possible, providing a less stressful experience.

We have welcomed education into the development programme.

The Transition Network will now join with the health network to provide positive experiences and create opportunities to work together for young people and their families. Practically this will mean one of the network meetings will be with the Health Network. The main work for the next year will focus on developing the shared network, focuses on Health and transition towards full citizenship.

Many of our actions will be to help consult locally on this agenda and help develop positive partnerships in co-producing positive changes for young people and their families.



### Older People.

Older people say not just hands off my plan, but hands off my Life.

The work with older people has been exciting at a local level.

Older people however are still not being consulted as much as they should be. If we do not have older people present when developing local policy, we may be in danger of making drastic errors.

We are encouraging commissioners to ensure older people and older cares are a main priority. Many older carers are in danger of crisis. One of the approaches we will be working towards will be to provide a number of new workshops on person centred approaches and planning with older people.

From our experience so far with older peoples services, it is and should be a matter of urgency to develop the workforce in using its potential to provide what older people need and want....above all, dignity and respect needs to be present for all; before it is to late.

### *Developing opportunities in children's services.*

We will be, over the autumn months, working in a children's centre in Sefton. This exciting opportunity will create a thinking environment for the

people who work in the centre. The aim of the programme will be; to learn and understand the importance of listening, to understand what matters and, how to work positively in providing a good life for those families who use the centre as part of their life transitions.

The work will celebrate stories and share ideas and skills that will focus on removing unnecessary barriers that often get in the way of good community supports. For those who will be part of the programme it will include skills and tools that develop awareness of self and others in how we communicate more effectively. We hope this work will be used to develop similar approaches that can positively change how families are consulted in how services can work in partnership.



Peer Advocacy Step by Step Living Network/ Dr Laurence Clark

### REQUIRED OUTCOMES

- Produce an accessible brochure for self advocates to walk through the process of obtaining and managing a personalised support package - under an individualised budget or not.
- Promote this around the region
- Identify and train a range of peer mentors to advise and assist individuals to start up and manage their supports.

### Self Directed Support Accessible Booklet

This is an easy read guide to self-directed support – a second draft of the guide has now been circulated to various partners. A few images are still missing but these will be finished shortly. The project reference group will meet one last time on 5<sup>th</sup> June to give their feedback on the draft and then the final amendments will be made before it is sent to the printers and ready for distribution.

### Training the Trainers course

For the past few weeks Laurence has been running a course for members of Preston DISC on how to deliver Disability Equality Action Training. The course consists of 5 structured days looking at various disability equality issues, the Social Model of Disability and training methods. The 6<sup>th</sup> day is a planning session for participants to prepare their own one day Disability Equality Action Training course which they then deliver to an invited

audience on the 7<sup>th</sup> and last day. Preston DISC has secured a contract to deliver mandatory training to Preston Council, so following the course the 10 disabled participants will then use what they have learnt and deliver the course they have prepared with me. All of the training materials have been prepared in easy read. It is hoped that this course can now be sold to other areas in order to train more local disabled people to deliver Disability Equality Action Training to their local authorities and other statutory agencies.

### Self Advocacy Report

Building on the piece of work completed with Central Lancashire to review Advocacy Services and based on previous experience. Laurence Clark is pulling together a report addressing how advocacy can be better supported which will be complete by the end of March.

Research on young disabled people's experiences of transition for Liverpool – Pam Thomas and Laurence have submitted a specification for this work. Liverpool are very interested in going ahead but the financial side still needs to be worked out. We are awaiting more information from Liverpool Children's Service about how this is going to proceed.

Liverpool short breaks – Pam, Lynn and Laurence are submitting a revised proposal following consultations which will produced a revised short breaks strategy for Liverpool across adults and children's services.

### Health



Janet Cobb



Catherine Webster

### REQUIRED OUTCOMES

- Support the development of Health Checks for people
- Support district activity relating to implementation of independent enquiry recommendations
- Support Valuing People Now health priorities
- Support implications from the Darzi review as they relate to people with a Learning Disability.
- Support activity relating to Health Care Commission audit findings.

- Support SHA Performance Indicator framework development to assist PCT commissioners explicitly consider the needs of people with learning disabilities when commissioning mainstream healthcare.

## **WHAT IMPORTANT THINGS ARE WE WORKING ON**

1. We agreed a list of Priorities with NW health network contacts that will make the biggest difference to the health of people with a learning disability
  - Implementing the Michaels' Enquiry recommendation to have a Directed Enhanced Service
  - Health Promotion
  - Accessibility
  - The whole Health workforce
  - Mental Health
  - Complex Health Needs
  - Postural Care
  - Dentistry
  - Palliative Care / End of Life Care
  - Sexual Health
  - Maternity
  - Health Visiting
  - Human Rights

We have collected lots of examples of North West good practice. Contact [catherine.webster@nwttdt.com](mailto:catherine.webster@nwttdt.com) for a copy.

2. We had presentations at our May Network Meeting on:
  - Human Rights work (Liverpool)
  - Research (Prof Eric Emerson)
  - Personalised health budgets (DH Personal Health Budgets team)

We had lots of positive feedback and a fully booked event.

3. Contact and individual email support for NW health contacts is ongoing in between events with sharing of important Government documents and national information.

Examples since last report are:

- Bradley Review

- Care Quality Commission consultation
- Progress on personal health budgets.

## **WHAT WE ARE DOING RIGHT NOW**

- 1) We are working with the Strategic Health Authority group to agree a performance framework to help local Partnership Boards know how well they are doing. We hope that our network will be an important part of this.
- 2) We are collecting feedback to send to Fiona Ritchie at the Care Quality Commission to help her get the content of their 5 year strategy right for people with Learning Disabilities.
- 3) We are planning a series of learning events – the draft topic list is:
  - Sexual Health
  - Postural Care
  - Ken Holland / Jo Poynter - Green light 2
  - De escalation techniques
  - Epilepsy
  - Mental Health in Learning Disability
  - Podiatry
  - Relationships
  - Parents with a Learning Disability
  - British Heart Foundation, Healthy eating & exercise as health promotion and learning disabilities – RCN dignity / nutrition
  - Human Rights

## **WHAT WE ARE PLANNING TO DO**

- 1) We have booked two further Health Network meetings for 2009 on

Thursday 10<sup>th</sup> September

In September our topic is working with Mental Health. We will look at the Green Light Toolkit and the Bradley Report (about the Criminal Justice System)

Tuesday 24<sup>th</sup> November – agenda not decided yet.

- 2) We also want to plan some local events that bring health staff and people with learning disabilities together to talk about specific topics.

3) Next year (2010) we will start to look at services for Children



## Housing

Lynn/ Housing Options

### REQUIRED OUTCOMES

- A programme in collaboration with a number of stakeholders that supports the development of support and services closer to home, prevents exclusion and inappropriate out of area placements, to include work on commissioning, housing options and regulation.

Our positive relationship with Housing Options has been confirmed this financial year. The detail of the work will be focusing on together will be outlined in the next report.

### Things to do during the day

#### Getting a Life



Nabela Rahim

### REQUIRED OUTCOMES

- Re-launch of the support to the Regional Network linking to NDT review of Day Service Modernisation and National Getting a Life Project

Our regional network meetings in the North West around Getting A life continues to be a good forum for authorities in the North West to link with organisations, to share information and learn about government's plans. I would like to report that the interest that has been shown in the Networks has been slow but attendance is getting better. It is important we have commitment at all levels to develop better services.

## Employment



Lynn



Deborah

## REQUIRED OUTCOMES

- Work with Partner Organisations to secure funding to promote employment as a valued option for people.
- Promote a range of employment options including self-employment.

## Publicly Valued, Publicly Employed

The project goes from strength to strength. We are now in the final year and efforts will be directed towards securing funds to continue to build on this firm foundation.

The total number of people supported into work now stands at 29, across 9 different employment sites. on board. There are 27 public sector organisations that have been connected to the project.

I am delighted to report that at least three local authorities have embraced this approach to such a degree that they are confident to press ahead with little on going support from us as an external agency. We will continue to develop that increase in capacity as we move through the coming year.

The evaluation report for year 2 is currently in final production and will be circulated across the North West and available at [www.nwtdt.com](http://www.nwtdt.com) A draft of this evaluation was shared with Anne Williams team to support the development of the Employment Strategy.

We eagerly await the publication of the Learning Disability Employment Strategy. We have every confidence that it will support the commitment (at all levels of the public sector) to increase the numbers of people with learning disabilities employed within it.

## **5. RECOMMENDATIONS TO COMMISSIONING GROUP**

- That the Commissioning Group accept the contents of this report.
- Agree the annual report

- Agree the NWTDT review and action plan



## 6. CONCLUSION

2009/ 2010 has started well for the team who are all very busy doing what we do best – supporting the development and delivery of the best quality supports to children and adults with a learning disability and their families in this region which continues to be the envy of other areas.

We are eagerly awaiting your views which we will gather through the review we will be commencing shortly, this will only be useful if we get as many questionnaires back as possible so please help circulate them as widely and in as many forums as possible. There are always things we can do better to improve the supports we provide but you need to tell us what they are please. For more information please contact [lynn.james-jenkinson@nwtdt.com](mailto:lynn.james-jenkinson@nwtdt.com)