

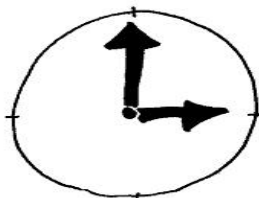
I'm going into hospital my name is:-



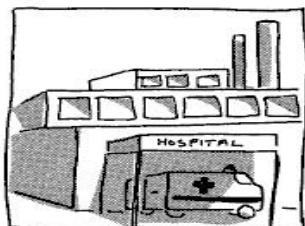
The day of my appointment is:-

The date is:-

The time I need to be at the hospital is:-



THE HOSPITAL IS:-



**How am I going to get there?**



**The name of the department or ward is:-**

**The department or ward telephone number is:-**



**The visiting times for my family & friends are:-**

○	_____	□
○	_____	□
○	_____	□
○	_____	□

**Some things I need to bring into the hospital if I am going to stay overnight**

**Small suitcase or bag**

**Day clothes/night clothes/underwear shoes/slippers**



**Toiletries and a bag to carry them**

**Toothbrush and toothpaste**

**Hairbrush and comb**

**Soap or shower cream**

**Body cream**

**Deodorant**

**Ladies:-**

**Make up and make up remover**

**Hair bobbles and clips**

**Sanitary towels**

**Lady shaver**

**Gentlemen:-shaving kit, or electric shaver**



**Anything else you use at home that you might need to take into hospital?**

**Incontinence products:-**

**Incontinence pads**

**Catheter products/drainage bags**

**Food/liquids/giving sets/feed bags**

**Other things you might need to bring:-**

**Money (small amount) to buy some treats or a magazine**

**Maybe to pay for a TV or telephone card**



**Glasses**

**Hearing aid**

**Teeth/dentures**

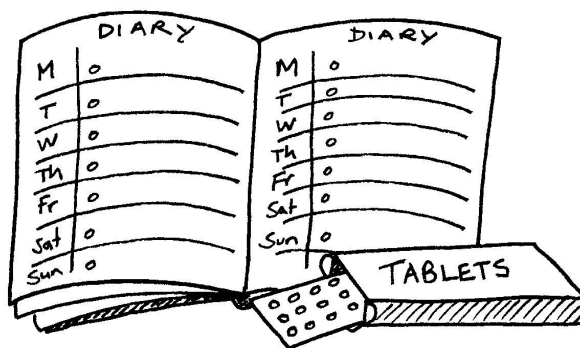
Other aids maybe a wheelchair or walking frame



Letters/appointment cards



Medications, anything you take, vitamins, medicine, liquids, injections



Health action plan or other communication books



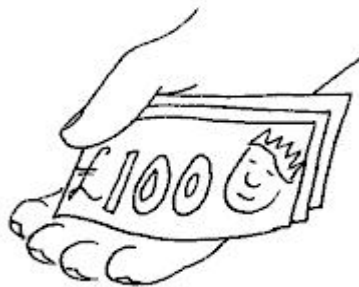
**Telephone numbers for my family and friends**



**Things I don't need to bring into the hospital**

**Jewellery**

**Large amount of money**



**Flowers**

**Large music systems (small CD players might be more acceptable)**



**Do you have any questions?**

**Make a note of anything you need to ask and get someone to ask for you if you don't understand.**

**Developed by Carol Beaumont Hospital Liaison Nurse for People with Learning Disabilities in Rochdale**